Support and information for children and young people

MND Association
PO Box 246
Northampton
NN1 2PR
Telephone: 01604 250505
www.mndassociation.org
If you or someone close to you has been diagnosed with MND, you may be worried about support for a child or young person in your family. We have information and services that may support you and your child.

**Information**

**When someone close has MND**
Our interactive workbook for 4-10 year olds to enable a trusted adult to talk to a young child about MND, at a speed that feels appropriate.

**So what is MND anyway?**
Our guide about MND for young people and young carers.

**Supporting children and young people close to someone with MND**
For any professional working with children or young people who have a parent, guardian, grandparent or close relative with MND.

**4A Communicating about MND with children and young people**
Information sheet on how to help children and young people understand what is happening when someone close is diagnosed with MND.

**10G Support for families with children**
Information sheet to help families with children access extra help.

**Reading Lists** - Books that may help conversations about death and loss.

**Living with MND** - Section 5: Family, children and friends
**Caring and MND** - Section 9: Support for children and young people
**End of Life Guide** - Section 7: Discussions with family and children.

**Support**

**Dedicated website area**
Provides information about MND, support options and news for children and young people. [www.mndassociation.org/ypinfo](http://www.mndassociation.org/ypinfo)

**Young Connect helpline**
0808 802 6262 and youngconnect@mndassociation.org

**Young person support grants**
We offer a grant of up to £250 to support young people aged 18 or under who are affected by MND.

**Family support events**
Contact your nearest MND Association branch or group to find out more.

**Contact our helpline for more information.**